

Our Lady of Lourdes Youth Ministry



Our Annual Fall Retreat

Who: Any Current 7th-12th Grader

When: October 13-15, 2017

Cost: \$40

Where: CYO Camp Rancho Framasa in Brown County, IN

For questions or comments, contact Bill in the Youth Ministry office at (502) 896-0241 or billa@ourlourdes.org

Mail form and entry fee to:

Office of Youth Ministry
508 Breckenridge Lane
Louisville, KY 40207

Name

T- Shirt Size: (Please Circle One)

S M L XL XXL

Phone: (502) 896-0241
Email: billa@ourlourdes.org
Forms Due October 1, 2017

Phone

Grade/School

Please Fill Out, Cut Off the Bottom, and Return with money to the Youth Ministry

FR '17

Frequently Asked Questions Fall Retreat

FAQ #1: Where will we be staying?

Answer: We will be staying at CYO Camp Rancho Framasa in Brown County, IN. There will be gender specific cabins (a boys cabin and a girls cabin) and age appropriate cabins (jr high and sr. high).

FAQ #2: When will we leave and return?

Answer: We will be meeting at St. Michael in the Youth Center at 4:30 pm and return Sunday at 4:30 pm.

FAQ #3: What do I need to bring?

Answer:

- Clothes (Be sure to pack plenty of WARM clothes and Clothes for Service)
- Toiletries (Soap, shampoo, deodorant, etc.)
- Good walking shoes
- Flashlight
- Towel and Washcloth
- Sleeping bag or sheets
- Pillow
- Rain Gear (just in case)
- An extra sweater or sweatshirt (just incase)
- Socks (bring plenty to keep your toes warm!!!)
- Pajamas
- An open mind
- Bible and/or Journal
- 12 pack of your favorite non-caffeinated, non-carbonated beverage
- A bag of your favorite snack (chips, candy, etc.)
- Money for food on the way to retreat (We will stop at Wendy's on the way)

Other optional things:

- Camera, Guitar or other Musical Instrument, Drawing Tablet

FAQ #4: Can I bring my cell phone or tablet?

Answer: No. Youth are asked to leave their cell phones, i-pods, i-pads, tablets, mp3 players, etc at home. This weekend is all about spending time together in nature and in community with one another and cell phones will take away from this experience. We will send a letter home with an emergency number to contact in case a parent should need to reach a child.

(See next page for more info)

Frequently Asked Questions (continued)

Fall Retreat

FAQ #5: What do you do on retreat?

Answer: Retreats are a chance to take a time out from the busyness of everyday life to focus on our relationship with those around us and with God through witness talks, activities (including some high ropes activities), prayer and games. This retreat will focus on the idea of being rooted in Christ. We will have small groups led by young adults and adults throughout the weekend. We will also have two activity periods led by the camp staff with activities to help us grow personally and together as a group. Want to know more? Ask your friends who have been on retreat or Bill and they can help.

FAQ #6: Is the food good?

Answer: Yes! The meals at Rancho are always amazing and we will have a salad bar and peanut butter and jelly sandwiches available at all lunch and dinner meals just in case you don't like what is being served.