

Norton Children's Prevention and Wellness offers educational classes for families throughout the year.

Safe Grandparenting virtual class:

Learn about best practices in safety for infants - elementary school-age children. Meet and interact with other grandparents and learn important safety practices that have changed since your kids were little.

Safe Baby Essentials virtual class:

This class is for families with babies up to 6 months old. Learn about safe sleep, tummy time, choosing and using the right type of rear-facing car seat, sudden infant death syndrome (SIDS), and preventing child abuse.

Safe Toddlers virtual class:

This class is for parents with children ages 6 months - 3 years old. Injury prevention discussion will be held on car seats, poisoning prevention, burn prevention, bike safety and water safety.

Safe Sitter Essentials In-person:

Safe sitter class prepares students in grades 6-8 to learn safety skills, childcare skills, first aid, and life and business skills.

Teen Tobacco Cessation virtual classes:

The American Lung Association's N-O-T Not On Tobacco program is specifically for teens to help them quit using tobacco products. This program is designed for teens ages 14-19.

To register for these classes, visit NortonChildrens.com/classes&events or call (502) 629-1234, option 4.